

Winter Menu - Week 3



Monday	Tuesday	Wednesday	Thursday	Friday
Chunky Vegetable Pasta	Beef Burger in a Bun	Roast Chicken with Yorkshire Pudding, Stuffing and Gravy	Chicken Thigh	Fish Fingers
Jacket Potato with a choice of filling (Cheese/Beans)	Vegetarian Burger in a Bun	Vegetarian Roast Chicken with Yorkshire Pudding	Vegetable Curry	Cheese and Onion Roll
	Wedges	Roast Potatoes	Homemade 'Nando's' Rice Plain Rice	Chips
Mixed Vegetables	Wholemeal Spaghetti Hoops	Farmhouse Vegetables	Seasonal Vegetables	Baked Beans Peas
Arctic Roll	Chocolate Cake with Chocolate Sauce	Peach Crumble and Custard	Frozen Mousse	Jelly and Ice Cream

	Gluten		Eggs		Fish		Soybeans		Milk		Wheat
	Celery		Mustard		Sesame		Sulphur Dioxide		Lupin		Barley

Salad/Fresh Fruit available from the Salad Cart



Refreshments provided - Milk and Water



A selection of breads available daily, served without butter/margarine